

## SALADS & SOUP

*Beyond Fresh!*

### Yardbird Salad

700 cal. .... \$9.00

Mixed greens, white meat chicken, spiced seeds & nuts, roasted chickpeas, golden raisins, cranberries and Parmesan cheese with avocado goddess dressing.

### Cobb Salad

490 cal. .... \$9.00

Mixed greens, grilled chicken breast, bacon, hard-boiled egg, cherry tomatoes, avocado, bleu cheese crumbles and croutons with a chardonnay vinaigrette.

### Greek Salad

410 cal. .... \$9.00

Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with Greek vinaigrette.

### Fresh Garden Salad

120-290 cal. .... \$6.50

Mixed greens, carrots, cucumbers, bell peppers, cherry tomatoes and croutons.

Dressing Choices: Ranch, Chardonnay Vinaigrette, Greek Vinaigrette, Avocado Goddess

### Soup of the Day

70-250 cal. .... \$5.00

Cup of today's soup served with a fresh baked roll or slice of bread.

## ORDER AHEAD

*Order online or call ahead!*

Kid's Meal (575-655 cal.).....\$4.95

Half a plain turkey, ham, pb or grilled cheese with chips or applesauce, jr cookie, and juice box or milk.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.



**BAKERY CAFE**

Bread. The way it *ought* to be.

# Fresh FROM THE CAFE Menu



2803 S. Evans St, Greenville NC  
(252) 689-6012

[www.GreenvilleNC.GreatHarvestBread.com](http://www.GreenvilleNC.GreatHarvestBread.com)  
M - F: 6:30 AM - 5:30 PM & Sat: 7 AM - 3 PM

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## SIGNATURE SANDWICHES

### Baja Chipotle Turkey

600 cal. .... \$8.25

Sliced turkey breast layered with shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, chipotle mayo, and salt & pepper mix. Fresh made on Honey Whole Wheat bread.

### Big Sky Chicken Salad

650 cal. .... \$8.25

White meat chicken mixed with golden raisins, cranberries, artichoke hearts, herbs, lemon, and walnuts. Served on Honey Whole Wheat bread with lettuce, tomato, onion, and salt & pepper mix.

### California Cobb

510 cal. .... \$8.25

Fresh avocado, smoked turkey breast, crispy bacon and bleu cheese spread served on Honey Whole Wheat bread with lettuce, tomato, onion, and salt & pepper mix.

### Harvest Veggie

600 cal. .... \$8.25

Your choice of Sundried-Tomato Spread, Avocado or Happy Hummus with cucumber, bell pepper, cheddar & provolone cheese, lettuce, tomato, onion and salt & pepper mix.

### Spicy Apple Bacon Grilled Cheese

680-730 cal. .... \$8.25

Melted cheddar & provolone cheese, thinly sliced Granny Smith apples, bacon and locally made pepper jelly.

### BBQ Chicken Cheddar Melt

620-670 cal. .... \$8.25

Grilled chicken breast, bacon, BBQ sauce, melted cheddar cheese topped with lettuce, tomato and onion.

### Chipotle Cheesesteak

710-770 cal. .... \$8.25

Roast Beef layered with melted provolone cheese, marinated and roasted bell pepper & onion and our chipotle mayo.

**Ask about our Specials & Combos!**

### Dressed Up Southern Belle

520 Cal. .... \$9.00

Home-made pimento cheese with bacon, lettuce & tomato.

## CLASSIC SANDWICHES

*Fresh made with simple ingredients.*

### Turkey OR Ham & Cheese

590-660 cal. .... \$8.00

Smoked turkey or ham with choice of cheese and lettuce, tomato, onion and salt & pepper mix.

### Roast Beef & Provolone

600-650 cal. .... \$8.00

Roast beef and provolone cheese with lettuce, tomato, onion and salt & pepper mix.

### BLT

680-730 cal. .... \$7.00

Crispy smoked bacon, lettuce, tomato and mayo on your choice of toasted bread.

### Southern Belle

470 cal. .... \$7.75

Our home-made pimento cheese toasted on Farmhouse White bread.

Sandwich Breads Available:

Honey Whole Wheat, Farmhouse White, Dakota, Popeye, Cheddar Garlic

## BREAKFAST

*Good Morning Taste Buds.*

### Breakfast Sandwich

Wake up your taste buds with egg, your choice of sausage, country ham or bacon, and cheese with a garlic herb spread.

On Bread or Gragel (660-740 cal.).....\$5.80

On Biscuit (560-640 cal.).....\$4.50

Cheddar or Bacon Cheddar Biscuit (600-680 cal.).....add \$0.75

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